

# Public Notices

## City of Cold Spring 2023 Drinking Water Report

### Making Safe Drinking Water

Your drinking water comes from a groundwater source: six wells ranging from 98 to 125 feet deep, that draw water from the Quaternary Buried Artesian and Quaternary Water Table aquifers.

Cold Spring works hard to provide you with safe and reliable drinking water that meets federal and state water quality requirements. The purpose of this report is to provide you with information on your drinking water and how to protect our precious water resources.

Contact Jon Stueve, Public Works Director, at (320) 333-8904 or [jstueve@coldspring.govoffice.com](mailto:jstueve@coldspring.govoffice.com) if you have questions about Cold Spring's drinking water. You can also ask for information about how you can take part in decisions that may affect water quality.

The U.S. Environmental Protection Agency sets safe drinking water standards. These standards limit the amounts of specific contaminants allowed in drinking water. This ensures that tap water is safe to drink for most people. The U.S. Food and Drug Administration regulates the amount of certain contaminants in bottled water. Bottled water must provide the same public health protection as public tap water.

Drinking water, including bottled water, may reasonably be expected to contain at least small amounts of some contaminants. The presence of contaminants does not necessarily indicate that water poses a health risk. More information about contaminants and potential health effects can be obtained by calling the Environmental Protection Agency's Safe Drinking Water Hotline at 1-800-426-4791.

### Cold Spring Monitoring Results

This report contains our monitoring results from January 1 to December 31, 2023.

We work with the Minnesota Department of Health to test drinking water for more than 100 contaminants. It is not unusual to detect contaminants in small amounts. No water supply is ever completely free of contaminants. Drinking water standards protect Minnesotans from substances that may be harmful to their health.

Learn more by visiting the Minnesota Department of Health's webpage Basics of Monitoring and testing of Drinking Water in Minnesota (<https://www.health.state.mn.us/communities/environment/water/factsheet/sampling.html>).

### How to Read the Water Quality Data Tables

The tables below show the contaminants we found last year or the most recent time we sampled for that contaminant. They also show the levels of those contaminants and the Environmental Protection Agency's limits. Substances that we tested for but did not find are not included in the tables.

We sample for some contaminants less than once a year because their levels in water are not expected to change from year to year. If we found any of these contaminants the last time we sampled for them, we included them in the tables below with the detection date.

We may have done additional monitoring for contaminants that are not included in the Safe Drinking Water Act. To request a copy of these results, call the Minnesota Department of Health at 651-201-4700 between 8:00 a.m. and 4:30 p.m., Monday through Friday.

Some contaminants are monitored regularly throughout the year, and rolling (or moving) annual averages are used to manage compliance. Because of this averaging, there are times where the Range of Detected Test Results for the calendar year is lower than the Highest Average or Highest Single Test Result, because it occurred in the previous calendar year.

### Definitions

- AL (Action Level):** The concentration of a contaminant which, if exceeded, triggers treatment or other requirements which a water system must follow.
- EPA:** Environmental Protection Agency.
- MCL (Maximum contaminant level):** The highest level of a contaminant that is allowed in drinking water. MCLs are set as close to the MCLGs as feasible using the best available treatment technology.
- MCLG (Maximum contaminant level goal):** The level of a contaminant in drinking water below which there is no known or expected risk to health. MCLGs allow for a margin of safety.
- MRDL (Maximum residual disinfectant level):** The highest level of a disinfectant allowed in drinking water. There is convincing evidence that addition of a disinfectant is necessary for control of microbial contaminants.
- MRDLG (Maximum residual disinfectant level goal):** The level of a drinking water disinfectant below which there is no known or expected risk to health. MRDLGs do not reflect the benefits of the use of disinfectants to control microbial contaminants.
- NA (Not applicable):** Does not apply.
- pCi/l (picocuries per liter):** A measure of radioactivity.
- ppt (parts per trillion):** One part per trillion is like one drop in one trillion drops of water, or about one drop in an Olympic sized swimming pool. ppt is the same as nanograms per liter (ng/l).
- ppb (parts per billion):** One part per billion in water is like one drop in one billion drops of water, or about one drop in a swimming pool. ppb is the same as micrograms per liter (µg/l).
- ppm (parts per million):** One part per million is like one drop in one million drops of water, or about one cup in a swimming pool. ppm is the same as milligrams per liter (mg/l).
- PWSID:** Public water system identification.

### Monitoring Results – Regulated Substances

LEAD AND COPPER – Tested at customer taps.						
Contaminant (Date, if sampled in previous year)	EPA's Ideal Goal (MCLG)	EPA's Action Level	90% of Results Were Less Than	Number of Homes with High Levels	Violation	Typical Sources
Lead	0 ppb	90% of homes less than 15 ppb	2.64 ppb	0 out of 20	NO	Corrosion of household plumbing.
Copper	0 ppm	90% of homes less than 1.3 ppm	0.59 ppm	1 out of 20	NO	Corrosion of household plumbing.

INORGANIC & ORGANIC CONTAMINANTS – Tested in drinking water.						
Contaminant (Date, if sampled in previous year)	EPA's Ideal Goal (MCLG)	EPA's Limit (MCL)	Highest Average or Highest Single Test Result	Range of Detected Test Results	Violation	Typical Sources
Combined Radium	0 pCi/l	5.4 pCi/l	1.7 pCi/l	0.0 - 1.7 pCi/l	NO	Erosion of natural deposits.
Nitrate	10 ppm	10.4 ppm	6.8 ppm	4.4 - 6.80 ppm	NO	Runoff from fertilizer use; Leaching from septic tanks, sewage; Erosion of natural deposits.
Barium	2 ppm	2 ppm	0.06 ppm	N/A	NO	Discharge of drilling wastes; Discharge from metal refineries; Erosion of natural deposit.

Potential Health Effects and Corrective Actions (If Applicable)

Nitrate: Nitrate in drinking water at levels above 10 parts per million is a health risk for infants of less than six months of age. High nitrate levels in drinking water can cause blue baby syndrome. Nitrate levels may rise quickly for short periods of time because of rainfall or agricultural activity. If you are caring for an infant, you should ask advice from your health care provider.



CONTAMINANTS RELATED TO DISINFECTION – Tested in drinking water.						
Substance (Date, if sampled in previous year)	EPA's Ideal Goal (MCLG or MRDLG)	EPA's Limit (MCL or MRDL)	Highest Average or Highest Single Test Result	Range of Detected Test Results	Violation	Typical Sources
Total Trihalomethanes (TTHMs)	N/A	80 ppb	6.1 ppb	N/A	NO	By-product of drinking water disinfection.
Total Haloacetic Acids (HAA)	N/A	60 ppb	4.2 ppb	N/A	NO	By-product of drinking water disinfection.
Total Chlorine	4.0 ppm	4.0 ppm	1.39 ppm	1.02 - 1.73 ppm	NO	Water additive used to control microbes.

Total HAA refers to HAAs

OTHER SUBSTANCES – Tested in drinking water.						
Substance (Date, if sampled in previous year)	EPA's Ideal Goal (MCLG)	EPA's Limit (MCL)	Highest Average or Highest Single Test Result	Range of Detected Test Results	Violation	Typical Sources
Fluoride	4.0 ppm	4.0 ppm	1.02 ppm	0.38 - 1.00 ppm	NO	Erosion of natural deposits; Water additive to promote strong teeth.

### Monitoring Results – Unregulated Substances

In addition to testing drinking water for contaminants regulated under the Safe Drinking Water Act, we sometimes also monitor for contaminants that are not regulated. Unregulated contaminants do not have legal limits for drinking water.

Detection alone of a regulated or unregulated contaminant should not cause concern. The meaning of a detection should be determined considering current health effects information. We are often still learning about the health effects, so this information can change over time.

The following table shows the unregulated contaminants we detected last year, as well as human-health based guidance values for comparison, where available. EPA may not have set human-health based guidance values for some contaminants. The comparison values are based only on potential health impacts and do not consider our ability to measure contaminants at very low concentrations or the cost and technology of prevention and/or treatment. They may be set at levels that are costly, challenging, or impossible for water systems to meet (for example, large-scale treatment technology may not exist for a given contaminant).

A person drinking water with a contaminant at or below the comparison value would be at little to no risk for harmful health effects. If the level of a contaminant is above the comparison value, people of a certain age or with special health conditions-like a fetus, infants, children, elderly, and people with impaired immunity—may need to take extra precautions. We are notifying you of the unregulated contaminants we have detected as a public education opportunity.

- More information is available on MDH's A-Z List of Contaminants in Water (<https://www.health.state.mn.us/communities/environment/water/contaminants/index.html>).
- Fourth Unregulated Contaminant Monitoring Rule (UCMR 4) (<https://www.health.state.mn.us/communities/environment/water/com/ucmr4.html>).
- Fifth Unregulated Contaminant Monitoring Rule (<https://www.epa.gov/dwucmr/fifth-unregulated-contaminant-monitoring-rule>).
- EPA UCMR 5 Data Finder: The Unregulated Contaminant Monitoring Rule 5 (UCMR5) Data finder allows people to easily search for, summarize, and download the available UCMR 5 analytical results.
- EPA has developed a UCMR5 Program Overview Factsheet (<https://www.epa.gov/system/files/documents/2022-02/ucmr5-factsheet.pdf>) describing UCMR 5 contaminants and standards.

UNREGULATED CONTAMINANTS – Tested in drinking water.			
Contaminant	Comparison Value	Highest Average Result or Highest Single Test Result	Range of Detected Test Results
Sodium*	20 ppm	5.47 ppm	N/A
Sulfate	500 ppm	25.5 ppm	N/A

\*Note that home water softening can increase the level of sodium in your water.

### Some People Are More Vulnerable to Contaminants in Drinking Water

Some people may be more vulnerable to contaminants in drinking water than the general population. Immuno-compromised persons such as persons with cancer undergoing chemotherapy, persons who have undergone organ transplants, people with HIV/AIDS or other immune system disorders, some elderly, and infants can be particularly at risk from infections. The developing fetus and therefore pregnant women may also be more vulnerable to contaminants in drinking water. These people or their caregivers should seek advice about drinking water from their health care providers. EPA/Centers for Disease Control (CDC) guidelines on appropriate means to lessen the risk of infection by Cryptosporidium and other microbial contaminants are available from the Safe Drinking Water Hotline at 1-800-426-4791.

### Learn More about Your Drinking Water

#### Drinking Water Sources

Groundwater supplies 75 percent of Minnesota's drinking water, and found in aquifers beneath the surface of the land. Surface water supplies 25 percent of Minnesota's drinking water, and is the water in lakes, rivers, and streams above the surface of the land.

Contaminants can get in drinking water sources from the natural environment and from people's daily activities. There are five main types of contaminants in drinking water sources.

- Microbial contaminants**, such as viruses, bacteria, and parasites. Sources include sewage treatment plants, septic systems, agricultural livestock operations, pets, and wildlife.
- Inorganic contaminants** include salts and metals from natural sources (e.g. rock and soil), oil and gas production, mining and farming operations, urban stormwater runoff, and wastewater discharges.
- Pesticides and herbicides** are chemicals used to reduce or kill unwanted plants and pests. Sources include agriculture, urban stormwater runoff, and commercial and residential properties.
- Organic chemical contaminants** include synthetic and volatile organic compounds. Sources include industrial processes and petroleum production, gas stations, urban stormwater runoff, and septic systems.
- Radioactive contaminants** such as radium, thorium, and uranium isotopes come from natural sources (e.g. radon gas from soils and rock), mining operations, and oil and gas production.

The Minnesota Department of Health provides information about your drinking water source(s) in a source water assessment, including:

- How Cold Spring is protecting your drinking water source(s);
- Nearby threats to your drinking water sources;
- How easily water and pollution can move from the surface of the land into drinking water sources, based on natural geology and the way wells are constructed.

Find your source water assessment at Source Water Assessments (<https://www.health.state.mn.us/communities/environment/water/swp/swa>) or call 651-201-4700 between 8:00 a.m. and 4:30 p.m., Monday through Friday.

#### Lead in Drinking Water

You may be in contact with lead through paint, water, dust, soil, food, hobbies, or your job. Coming in contact with lead can cause serious health problems for everyone. There is no safe level of lead. Babies, children under six years, and pregnant women are at the highest risk.

Lead is rarely in a drinking water source, but it can get in your drinking water as it passes through lead service lines and your household plumbing system. Cold Spring is responsible for providing high quality drinking water, but it cannot control the plumbing materials used in private buildings.

Read below to learn how you can protect yourself from lead in drinking water.

- Let the water run for 30-60 seconds before using it for drinking or cooking if the water has not been turned on in over six hours. If you have a lead service line, you may need to let the water run longer. A service line is the underground pipe that brings water from the main water pipe under the street to your home.

- You can find out if you have a lead service line by contacting your public water system, or you can check by following the steps at: <https://www.mprnews.org/story/2016/06/24/npr-find-lead-pipes-in-your-home>
- The only way to know if lead has been reduced by letting it run is to check with a test. If letting the water run does not reduce lead, consider other options to reduce your exposure.

2. Use cold water for drinking, making food, and making baby formula. Hot water releases more lead from pipes than cold water.

3. Test your water. In most cases, letting the water run and using cold water for drinking and cooking should keep lead levels low in your drinking water. If you are still concerned about lead, arrange with a laboratory to test your tap water. Testing your water is important if young children or pregnant women drink your tap water.

- Contact a Minnesota Department of Health accredited laboratory to get a sample container and instructions on how to submit a sample: Environmental Laboratory Accreditation Program (<https://eldo.web.health.state.mn.us/public/accreditedlabs/lab-search.seam>) The Minnesota Department of Health can help you understand your test results.

4. Treat your water if a test shows your water has high levels of lead after you let the water run.

- Read about water treatment units: Point-of-Use Water Treatment Units for Lead Reduction (<https://www.health.state.mn.us/communities/environment/water/factsheet/poulead.html>)

Learn more:

- Visit Lead in Drinking Water (<https://www.health.state.mn.us/communities/environment/water/contaminants/lead.html>)
- Visit Basic Information about Lead in Drinking Water (<http://www.epa.gov/safewater/lead>)
- Call the EPA Safe Drinking Water Hotline at 1-800-426-4791. To learn about how to reduce your contact with lead from sources other than your drinking water, visit Lead Poisoning Prevention: Common Sources (<https://www.health.state.mn.us/communities/environment/lead/sources.html>).

Water systems have ongoing infrastructure, operations and maintenance costs in supplying safe drinking water, and many are implementing additional efforts to help insure health equity and manageable water bills with:

- Turn the faucet off while brushing teeth.
- Shower instead of bathing to reduce water use.
- Fix running toilets by replacing flapper valves.
- Run full loads of laundry and use a minimal water use setting.
- Our water system partners with others to help consumers with limited resources make payments to their water bills.
- Contact us to learn more.

(Publish June 11, 2024)

## STATE OF MINNESOTA COUNTY OF STEARNS

DISTRICT COURT  
7th JUDICIAL DISTRICT  
Court File No:  
**73-FA-23-10197**  
Case Type: Dissolution with  
Children

### Summons With Real Estate

#### In Re the Marriage of:

Hibo A. Mohamed  
Petitioner

and

Mohamed Abdullah Hassan  
Respondent

THE STATE OF MINNESOTA TO THE ABOVE-NAMED RESPONDENT:

**WARNING: Your spouse has filed a lawsuit against you for dissolution of your marriage. A copy of the paperwork regarding the lawsuit is served on you with this summons. This summons is an official document from the court that affects your rights. Read this summons carefully. If you do not understand it, contact an attorney for legal advice.**

1. The Petitioner (your spouse) has filed a lawsuit against you asking for a dissolution of your marriage (divorce). A copy of the *Petition for Dissolution of Marriage* is attached to this *Summons*. There should also be a copy of Petitioner's *Financial Affidavit* attached.

2. You must serve upon Petitioner and file with the Court a written *Answer* to the *Petition for Dissolution of Marriage* and your *Financial Affidavit*. You must pay the required filing fee. *Answer* forms and the *Financial Affidavit* form are available from the Court Administrator's office. You must serve your *Answer* and *Financial Affidavit* upon Petitioner **within thirty (30) days** of the date you were served with this *Summons*, not counting the day of service. If you do not serve and file your *Answer* and *Financial Affidavit*, the Court may give your spouse everything he or she is asking for in the *Petition for Dissolution of Marriage*.

3. This proceeding involves, affects, or brings into question the real property located at the following address: 310 Sunwood Park Drive, Waite Park, MN 56387 in Stearns County.

### NOTICE OF TEMPORARY RESTRAINING PROVISIONS

Under Minnesota law, service of this summons makes the following requirements apply to both parties to the action, unless they are modified by the court or the proceeding is dismissed:

(1) Neither party may dispose of any assets except (a) for the necessities of life or for the necessary generation of income or preservation of assets, (b) by an agreement of the parties in writing, or (c) for retaining counsel to carry on or to contest this proceeding.

(2) Neither party may harass the other party.

(3) All currently available insurance coverage must be maintained and continued without change in coverage or beneficiary designation.

(4) Parties to a marriage dissolution proceeding are encouraged to attempt alternative dispute resolution pursuant to Minnesota law. Alternative dispute resolution includes mediation, arbitration and other processes as set forth in the district court rules. You may contact the court administrator about resources in your area. If you cannot pay for mediation or alternative dispute resolution, in some counties, assistance may be available to you through a nonprofit provider or a court program. If you are a victim of domestic abuse or threats as defined in Minnesota Statutes, Chapter 518B, you are not required to try mediation and you will not be penalized by the court in later proceedings.

### IF YOU VIOLATE ANY OF THESE PROVISIONS, YOU WILL BE SUBJECT TO SANCTIONS BY THE COURT

### NOTICE OF PARENT EDUCATION PROGRAM REQUIREMENTS

Under Minnesota Statutes, Section 518.157, in a contested proceeding involving custody or parenting time of a minor child, the parties must begin participation in a parent education program that meets minimum standards promulgated by the Minnesota Supreme Court within 30 days after the first filing with the court. In some Districts, parenting education may be required in all custody or parenting proceedings. You may contact the District Court Administrator for additional information regarding this requirement and the availability of parent education programs.

Dated: December 28, 2023  
Name: Hibo Mohamed  
Address: 310 Sunwood Park Drive  
City/State/Zip:  
Waite Park, MN 56387

(Pub. May 28 - June 11, 2024)

## Public Notices continued on page 13

SHOP  
LOCAL



**Public Notices**

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STATE OF MINNESOTA  
COUNTY OF STEARNS

DISTRICT COURT  
7TH JUDICIAL DISTRICT  
Court File No.:  
73-PR-24-3396  
Case Type: Informal Probate

Notice of Informal Probate of Will and Appointment of Personal Representative and Notice to Creditors

In re the Estate of Thomas Arthur Weigel, aka Thomas A. Weigel, aka Tom Arthur Weigel, Deceased

**TO ALL INTERESTED PERSONS AND CREDITORS:**

Notice is hereby given that an application for informal probate of the above-named Decedent's Last Will dated July 27, 2023, has been filed with the Probate Registrar, and the application has been granted.

Notice is also given that the Probate Registrar has informally appointed the following: Brittney Mead whose mailing address is 195 53rd Avenue Northeast, Fridley, MN 55421 as personal representative of the Estate of the Decedent. Any heir, devisee or other interested person may be entitled to appointment as personal representative, or may object to the appointment of the personal representative. Unless objections are filed pursuant to Minn. Stat. § 524.3-607, and the court otherwise orders, the personal representative has full power to administer the Estate, including, after 30 days from the date of issuance of letters, the power to sell, encumber, lease or distribute real estate.

Any objections to the probate of the Will, or to the appointment of the personal representative, must be filed with this court, and will be heard by the court after the filing of an appropriate petition and proper notice of hearing.

Notice is also given that, subject to Minn. Stat. § 524.3-801, all creditors having claims against the Estate are required to present the claims to the personal representative or to the Court Administrator within four (4) months after the date of this Notice, or the claims will be barred.

Dated: May 26, 2024  
Gina DeVilbiss-Hendry  
Probate Registrar

Dated: May 26, 2024  
George Lock  
Court Administrator

Filed in District Court  
State of Minnesota  
Dated May 26, 2024

**Attorney for Personal Representative**

HAYLEY ANN HOWE  
Attorney License No.:  
402696  
Howe Law PLLC  
3121 St Croix Trail South  
Suite 204  
Afton MN 55001  
Telephone: 651-505-1610  
hayley@hayley-howe.com

(Publish June 4 & 11, 2024)

STATE OF MINNESOTA  
COUNTY OF STEARNS

DISTRICT COURT  
7TH JUDICIAL DISTRICT  
Case Type: Contract  
Court File No.:  
73-CV-24-3766

**SUMMONS**

Falcon Leasing, a division of Falcon National Bank,

Plaintiff,

vs.

Ace's Charter Transportation Inc., Raymond Leroy Bradley III, and Marques Devon Grady,

Defendants.

THIS SUMMONS IS DIRECTED TO THE FOLLOWING DEFENDANTS.

Ace's Charter Transportation Inc.  
9788 Gilespie Street  
Suite 409  
Las Vegas, NV 89163

Raymond Leroy Bradley III  
2417 Urrad Street  
Henderson, NV 89044

Marques Devon Grady  
651 Hidden Cellar Court  
Las Vegas, NV 89183

1. YOU ARE BEING SUED. The Plaintiff has started a lawsuit against you. The Plaintiff's Complaint against

you is attached to this Summons. Do not throw these papers away. They are official papers that affect your rights. You must respond to this lawsuit, even though it may not yet be filed with the Court and there may be no court file number on this Summons.

2. YOU MUST REPLY WITHIN 21 DAYS TO PROTECT YOUR RIGHTS. You must give or mail to the person who signed this Summons a written response called an Answer within 21 days of the date on which you received this Summons. You must send a copy of your Answer to the person who signed this Summons located at:

Winthrop & Weinstine, P.A.  
Attn.: Benjamin M. Podobinski  
225 South Sixth Street,  
Suite 3500  
Minneapolis, MN 55402

3. YOU MUST RESPOND TO EACH CLAIM. The Answer is your written response to the Plaintiff's Complaint. You must state in your Answer whether you agree or disagree with each paragraph of the Complaint. If you believe the Plaintiff should not be given everything asked for in the Complaint, you must say so in your Answer.

4. YOU WILL LOSE YOUR CASE IF YOU DO NOT SEND A WRITTEN RESPONSE TO THE COMPLAINT TO THE PERSON WHO SIGNED THIS SUMMONS. If you do not answer within 21 days, you will lose this case. You will not get to tell your side of the story, and the Court may decide against you and award the Plaintiff everything asked for in the Complaint. If you do not want to contest the claims stated in the Complaint, you do not need to respond. A default judgment can then be entered against you for the relief requested in the Complaint.

5. LEGAL ASSISTANCE. You may wish to get legal help from a lawyer. If you do not have a lawyer, the Court Administrator may have information about places where you can get legal assistance. Even if you cannot get legal help, you must still provide a written Answer to protect your rights, or you may lose the case.

6. ALTERNATIVE DISPUTE RESOLUTION. The parties may agree to or be ordered to participate in an Alternative Dispute Resolution process under Rule 114 of the Minnesota General Rules of Practice. You must still send your written response to the Complaint, even if you expect to use alternative means of resolving this dispute.

Dated: March 4, 2024

Filed in District Court  
State of Minnesota  
Dated May 13, 2024

**WINTHROP & WEINSTINE, P.A.**

/s/ Benjamin M. Podobinski  
Andrew J. Steil  
(#387048)  
asteil@winthrop.com  
Benjamin M. Podobinski  
(#0401054)  
bpodobinski@winthrop.com  
225 South Sixth Street,  
Suite 3500  
Minneapolis, Minnesota  
55402  
(612) 604-6400

Attorneys for Plaintiff  
Falcon Leasing

ACKNOWLEDGMENT  
The undersigned hereby acknowledges that costs, disbursements, and reasonable attorney and witness fees may be awarded pursuant to Minn. Stat. § 549.211, Subd. 2, for the party against whom the allegations in this pleading are asserted.

/s/ Benjamin M. Podobinski

(Pub. June 4 - 18, 2024)

**REQUEST FOR PROPOSALS Benton Stearns Education District #6383**

Pursuant to MN Statue 471.6161, notice is hereby given that Benton Stearns Education District #6383 requests proposals for Group Health Insurance. Specifications will be available from the District's agent of record, National Insurance Services, at 14852 Scenic Heights Road, Suite 210, Eden Prairie, MN 55344, phone 800-627-3660.

Proposals are due no later than 2:00 pm on July 11, 2024, to Benton Stearns Education District #6383 at 517 Second Avenue S. Sartell, MN 56377 and as specified in the RFP.

Benton Stearns Education District #6383 reserves the right to reject proposals, waive formalities, and to select the proposal that best meets the District's needs.

Criteria for the evaluation of proposals will be provided when the specifications are requested.

(Publish June 4 & 11, 2024)

**REQUEST For Proposal: NOTICE IS HEREBY GIVEN**

that the ROCORI School District will accept proposals for a Printer & Copier Equipment, Management, and Maintenance Program.

The RFP document can be found at: <https://www.rocori.k12.mn.us/information/publicnotice>.

(Publish June 4 - 18, 2024)

**Advertisement for Sealed Bids**

**\*\*ADDENDUM\*\* THE CITY OF COLD SPRING**

**SEAL COAT PROJECT**  
The City of Cold Spring is looking to seal coat and fog seal approximately 13,339 square yards of roadways. The City of Cold Spring is accepting sealed bids for this project until 11:00 a.m. on Monday, July 8, 2024 at the Cold Spring City Hall, located at 27 Red River Avenue South, Cold Spring, MN 56320, at which time they will be publicly opened and read aloud, for the furnishing of all labor and material for the project. To obtain a bid form, please call (320) 685-3653 or visit [www.coldspring.govoffice.com](http://www.coldspring.govoffice.com). For information, or to arrange a viewing please call (320) 248-9471.

Bids will most likely be considered at a meeting of the City Council on Wednesday, July 10, 2024. Bids shall be on the forms provided for that purpose and according to the specifications in the bid documents. Bid security in the amount of 5% of the bid must accompany each bid in accordance with the instructions to bidders. Bid security may be retained until the contract has been awarded. Bids shall be securely sealed and endorsed upon the outside wrapper, "Seal Coat Project." The Owner reserves the right to reject any and all bids, to waive irregularities and informalities therein, and to award the contract in the best interests of the Owner.

Dennielle Hofmann,  
Administrative Assistant

(Publish June 11 & 25, 2024)

**CITY OF COLD SPRING ADVERTISEMENT FOR BIDS**

The City of Cold Spring is accepting sealed bids for the construction of a 168'x70' maintenance building. Work shall be completed before the end of October 2024. The City of Cold Spring is accepting sealed bids for each individual building section of the project. Bids will be accepted until 11:00 a.m. Friday June 28, 2024 at Cold Spring City Hall located at 27 Red River Avenue South, Cold Spring, MN 56320, at which time they will be publicly opened and read aloud, for the furnishing of all labor and materials for each section of the project. To obtain a copy of the maintenance building plans and specifications, you can visit the city's website at [www.coldspring.govoffice.com](http://www.coldspring.govoffice.com) or if you have any questions you can contact Jon Stueve at [jstueve@coldspring.govoffice.com](mailto:jstueve@coldspring.govoffice.com).

Bids will most likely be considered at a meeting of the City Council on Wednesday, July 10, 2024, with construction to start thereafter. Bids shall be securely sealed and endorsed upon the outside wrapper, "Maintenance Building." The Owner reserves the right to reject any and all bids, to waive irregularities and informalities therein, and to award the contracts in the best interests of the Owner.

(Publish June 11 & 18, 2024)

**Advertisement for Sealed Bids**

**\*\*ADDENDUM\*\* THE CITY OF COLD SPRING**

**CRACK SEAL PROJECT**  
The City of Cold Spring is looking to crack seal several roadways, at approximately 6,959 lbs. The City of Cold Spring is accepting sealed bids for the proposed crack seal project until 11:00 on Monday, July 8, 2024 at the office of the City Administrator, at 27 Red River Avenue South, Cold Spring, MN 56320, at which time they will be publicly opened and read aloud, for the furnishing of all labor and material for the project. To obtain a bid form, please call (320) 685-3653 or visit [www.coldspring.govoffice.com](http://www.coldspring.govoffice.com). For project information, or to arrange a viewing please call (320) 248-9471.

Bids will most likely be considered at a meeting of the City Council on Wednesday, July 10, 2024. Bids shall be on the forms provided for that purpose and according to the specifications in the bid documents. The City will not require Bid Security for this project.

The Owner reserves the right to reject any and all bids, to waive irregularities and informalities therein, and to award the contract in the best interests of the Owner.

Dennielle Hofmann,  
Administrative Assistant

(Publish June 11 & 25, 2024)

**Stearns County Board of Commissioners Meeting Minutes Tuesday, May 21, 2024**

**Call to Order**

9:00 AM Meeting called to order by Tarryl Clark, Chair, on May 21, 2024 in the Board Room of the Stearns County Administration Center, 705 Courthouse Square, St. Cloud, MN.

**Roll Call**

Present: Commissioner District 1 Tarryl Clark, District 2 Joe Perske, District 3 Jeff Bertram, District 5 Steve Notch Remote: District 4 Leigh Lenzmeier

**Approve Agenda**

Motion was made to approve the agenda.

**RESULT: APPROVED [UNANIMOUS]**

**MOVER:** District 3 Jeff Bertram

**SECONDER:** District 2 Joe Perske

**ROLL CALL VOTE:**

**AYES:** District 1 Tarryl Clark, District 2 Joe Perske, District 3 Jeff Bertram, District 4 Leigh Lenzmeier and District 5 Steve Notch

**Consent Agenda**

E.1. Approve Minutes of April 30, 2024

E.2. For Informational Purposes Only, Claims Paid for April 20th, 2024, through May 10th, 2024, amounted to \$9,238,763.03, Excluding Investment Purchases.

E.3. Approve Public Hearing date of June 4, 2024, at a time to be determined by staff, for consideration of updates to the Aggregate Removal Tax Ordinance.

E.4. Approve Stearns County Tobacco License Renewals for the retailers listed below:

1. Bialka's Bar & Store, Holdingford
2. BJ's Bait & Tackle, South Haven
3. Bottom's Up Bottle Shop, Belgrade
4. Casey's General Store #3650, Belgrade
5. Coop's Corner, Belgrade
6. County Line Liquor, Brooten
7. Dollar General #16783, Belgrade
8. Dollar General #20803, Holdingford
9. Freeport Cenex, Freeport
10. Freeport Gas & Grocery, Freeport
11. Holdingford Gas & Grocery, Holdingford
12. Holdingford Municipal Liquor Store, Holdingford
13. Pioneer Inn Inc., Freeport
14. R.J's Country Store, Freeport
15. R.J's Mini-Mart of Brooten Inc., Brooten
16. Shady's 55 Inc., Paynesville
17. Shady's Long Shots, Cold Spring
18. Shady's Silver Spur, St Martin
19. St Stephen Gas & Grocery, St Stephen
20. The Store of St Anna,

Avon

E.5. Approve Board of Water and Soil Resources FY2024 Watershed Based Implementation Funding Grant Agreement for Sauk River Watershed Collaborative.

E.6. Approve Renewal Application and License to sell On-Sale 3.2% Malt Liquor submitted by Beste's Sporting Clays for their location in Sauk Centre Township for the period July 1, 2024 through June 30, 2025.

E.7. Approve Board of Water and Soil Resources FY2022 Watershed Based Implementation Funding Grant Amendment for Sauk River Watershed Collaborative.

E.8. Approve Application and Permit for a 1 Day Temporary On-Sale Liquor License submitted by The Church of Saint James of Jacobs Prairie for their event to be held on August 3, 2024 on their church grounds located in Wakefield Township.

E.9. Approve Renewal Application and License for an Off-Sale Intoxicating Liquor License submitted by Bottoms Up Bottle Shop for their location in Crow Lake Township for the period July 1, 2024 through June 30, 2025.

E.10. Approve Renewal On-Sale Intoxicating Liquor Applications and Licenses submitted by St. Wendel Saloon for their location in St. Wendel Township and TSHole 19 Inc. dba Lynx National Golf Course for their location in Sauk Centre Township for the period July 1, 2024 through June 30, 2025.

E.11. Accept 2023 Highway Department Annual Report.

E.12. Approve Renewal On-Sale Intoxicating Liquor Application and License submitted by BCP Inc. dba Upper Deck Sports Bar & Grill for their location in Brockway Township for the period July 1, 2024 through June 30, 2025.

E.13. Approve the acceptance of donation of a "Hidden In Plain Sight" display trailer from PleasureLand RV in efforts to support drug prevention.

E.14. Approve Renewal On & Off Sale Intoxicating Liquor Application and License submitted by Bialka's Bar & Store for their location in Brockway Township for the period July 1, 2024 through June 30, 2025.

E.15. Approve Renewal Wine and County 3.2% Malt Liquor Applications and Licenses submitted by Hidden Acres RV Park for their location in Munson Township for the period of July 1, 2024 through June 30, 2025.

E.16. For Informational Purposes Only, Human Services Claims Paid for March 22, 2024 through April 26, 2024, amounted to \$186,963.31.

E.17. Award 2024 Gravel Crushing Contract to Wm. D. Scepaniak, Inc. in the amount of \$94,200.00.

E.18. Approve purchase of Body Worn Cameras for Sheriff's Office Jail Division for a

**Public Notices**  
continued on page 14

**THE GREEN TEAM'S Featured Properties**

**504 14th Ave. S. • Cold Spring**



**MAINTENANCE FREE LIVING**  
Welcome to this charming 2 bedroom, 2 bath patio home, perfectly designed for comfortable, maintenance free living.

**Price \$250,000**

**36265 654th Ave. • Watkins**



**PRIVACY ABOUND!**  
Charming 2 bedroom, 1 bath, seasonal cabin with 180' of shoreline on Clear Lake in Watkins.

**Price \$350,000**

**Rhonda Green, Lakeshore Specialist**  
Realtor, GRI, E-PRO, RRS, CRS, CPS, CPRES  
Cell 320-250-4648  
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Kayla Deters - Realtor/Transaction Coordinator • Jamie Juelfs - Realtor/Marketing Coordinator  
Kenna Tveit - Realtor • Tracy Chiantera - Realtor/Transaction Coordinator • Marta Rubin - Realtor  
Susie Schultz - Realtor • Jan Dingmann - Realtor • Danna Ehresmann - Realtor • Carol Dietman - Referral Agent

**OPEN HOUSES – Saturday, June 15th**

**11:00 - 12:30**  
21817 State Hwy. 22 • Richmond  
Three bedroom, two bathroom rambler on .78 acres in beautiful country setting overlooking the Chain of Lakes. \$369,900

**12:45 - 2:30**  
20421 Fruitwood Rd. • Richmond  
Updated three bedroom, two bath, walk-out rambler on Horseshoe Chain of Lakes. \$569,900

**2:45 - 4:00**  
1205 4th Ave. N. • Cold Spring  
New three bedroom, two bath rambler on large city lot in North Pointe development. \$424,900

**Thinking of Selling?**  
Call for a Free Market Analysis.

**Brian Junkermeier**  
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[BJunkermeier@CBBurnet.com](mailto:BJunkermeier@CBBurnet.com)

**COLDWELL BANKER BURNET**  
Making Dreams Come Home



Public Notices continued from page 13

period of 5 years from Axon Enterprise through Sourcewell Cooperative Contract #101223. E.19. Approve and Authorize Final Payment for SAP 073-601-050; CSAH 1 Reconstruction in Sartell to Landwehr Construction, Inc. in the amount of \$342,870.06.

E.20. Approve agreement with CentraCare to continue to provide clinical services in the Stearns County Jail through December 31, 2026.

E.21. Approve Addendum to the Memorandum of Agreement between the University of Minnesota and Stearns County providing Extension Programs locally and employing Extension Staff to provide this service effective May 29th, 2024.

Consent Agenda Vote: Motion was made to approve the Consent Agenda.

RESULT: APPROVED [UNANIMOUS]

MOVER: District 5 Steve Notch

SECONDER: District 3 Jeff Bertram

ROLL CALL VOTE:

AYES: District 1 Tarryl Clark, District 2 Joe Perske, District 3 Jeff Bertram, District 4 Leigh Lenzeimer and District 5 Steve Notch

Human Services

F.1. Presentation took place regarding the impacts, benefits and funding challenges with the Co-Responder Program where a mental health professional assists law enforcement responding to 911 calls

RESULT: INFORMATIONAL - NO VOTE

F.2. Presentation took place regarding the Stearns County Human Services Family and Children Services Division providing an overview of their 4 units consisting of Child Protection, Children's Mental Health and Foster and Daycare licensing.

RESULT: INFORMATIONAL - NO VOTE

F.3. Presentation took place regarding the outreach services taking place to help people experiencing homelessness. The greatest demand is in the City of St. Cloud.

RESULT: INFORMATIONAL - NO VOTE

Auditor-Treasurer

G.1. Review Applications for the Sauk River Watershed District Board of Managers

Motion was made to re-appoint Kevin Lahr to the Sauk River Watershed District Board of Managers for a Three-Year Term Beginning on June 30th, 2024.

RESULT: APPROVED [UNANIMOUS]

MOVER: District 5 Steve Notch

SECONDER: District 3 Jeff Bertram

ROLL CALL VOTE:

AYES: District 1 Tarryl Clark, District 2 Joe Perske, District 3 Jeff Bertram, District 4 Leigh Lenzeimer and District 5 Steve Notch

Environmental Services

H.1. Approve Resolution 24-28 supporting the Mississippi River - Sartell Watershed One Watershed, One Plan project

RESULT: APPROVED [UNANIMOUS]

MOVER: District 2 Joe Perske

SECONDER: District 3 Jeff Bertram

ROLL CALL VOTE:

AYES: District 1 Tarryl Clark, District 2 Joe Perske, District 3 Jeff Bertram, District 4 Leigh Lenzeimer and District 5 Steve Notch

RESOLUTION 24 - 28

RESOLUTION TO SUPPORT A MISSISSIPPI RIVER-SARTELL WATERSHED 'ONE WATERSHED, ONE PLAN' PROJECT

WHEREAS, the Minnesota Board of Soil and Water Resources has developed policies for coordination and development of comprehensive watershed management plans, also known as One Watershed, One Plan, consistent with Minnesota Statutes, Chapter 103B.801, Comprehensive Watershed Management Planning Program; and

WHEREAS, Minnesota Statutes, Chapter 103B.301, Comprehensive Local Water Management Act, authorizes Minnesota Counties to develop and implement a local water management plan; and

WHEREAS, Minnesota Statutes, Chapter 103C.331, subdivision 11, Comprehensive Plan, authorizes Minnesota Soil and Water Conservation Districts to develop and implement a comprehensive plan; and

WHEREAS, the counties and soil and water conservation districts within the Mississippi River-Sartell Watershed #65, as delineated in the attached One Watershed, One Plan Boundary Map, have interest in developing a comprehensive watershed management plan for this area.

NOW, THEREFORE, BE IT RESOLVED, that Stearns County recognizes and supports watershed-scale planning efforts consistent with Minnesota Statutes, Chapter 103B.801, also known as One Watershed, One Plan; and

BE IT FURTHER RESOLVED that Stearns County welcomes the opportunity to collaborate with the counties and soil and water conservation districts within the Mississippi River-Sartell Watershed for watershed-scale planning efforts in the future; and

BE IT FURTHER RESOLVED that Stearns County supports an application to the Board of Water and Soil Resources for a planning grant to develop a comprehensive watershed management plan and anticipates entering into a Memorandum of Agreement with the counties and soil and water conservation districts within the Mississippi River-Sartell Watershed, to collaborate on this effort, pending selection as a recipient of a planning grant.

Administration

I.1. Receive Citizen Survey Results Summary.

The survey was designed to assess satisfaction and delivery of County services.

RESULT: INFORMATIONAL - NO VOTE

I.2. Discussion regarding Cannabis ordinance development and establishment of a moratorium

Information was provided by several County Departments addressing growing, manufacturing and selling of cannabis and aspects of cannabis legislation. After much discussion, motion was made to hold a public hearing on June 18, 2024, at a time to be determined by staff, for consideration on a proposed moratorium on cannabis businesses.

RESULT: APPROVED [UNANIMOUS]

MOVER: District 3 Jeff Bertram

SECONDER: District 5 Steve Notch

ROLL CALL VOTE:

AYES: District 1 Tarryl Clark, District 2 Joe Perske, District 3 Jeff Bertram, District 4 Leigh Lenzeimer and District 5 Steve Notch

Adjournment

Chair Clark adjourned the County Board Meeting at 12:17 p.m.

(Publish June 11, 2024)

ers intends to consider the amendments to the Aggregate Removal Tax Ordinance (Ordinance No. 98).

A public hearing will be held on Tuesday, June 18th, 2024, in the County Board Room of the Stearns County Administration Center, 705 Courthouse Square, St. Cloud, Minnesota, for the consideration of updates to the Aggregate Removal Tax Ordinance. The proposed amendments can be found on the Stearns County website, on the "Meetings on Demand" page at https://stearnscounty.civicweb.net/Portal or by contacting the Stearns County Auditor-Treasurer Office. The proposed Ordinance, along with a list of changes, can be found in the agenda packet from the County Board Meeting on May 21st, 2024.

All interested persons are invited to attend said hearing or submit written testimony prior to the hearing date. Written testimony should be submitted to the Stearns County Auditor-Treasurer's Office, Stearns County Administration Center, 705 Courthouse Square, Room 148, St. Cloud, Minnesota, 56303, no later than 4:00pm on Monday, June 17th, 2024.

Randy R. Schreifels Stearns County Auditor-Treasurer Clerk of the County Board

(Publish June 11, 2024)

Notice of Public Hearing Stearns County, Planning Commission

Notice is hereby given that the Stearns County Planning Commission, in and for the County of Stearns, will conduct certain public hearings as follows:

1. To consider a conditional use permit application submitted by Peter & Mary Hansen, Richmond MN according to Sections 4.8, 6.4.2, 9.2 and 9.7.5A of Stearns County Land Use and Zoning Ordinance #439, to locate a detached accessory dwelling unit on the property. The proposed project is located in part of the S1/2 of the SW1/4 of Section 8 of Luxemburg Township (122/30). Property address is 18134 County Rd 163, Richmond MN.

2. To consider a conditional use permit application submitted by Chris and Catherine Schellinger, Avon MN according to Sections 4.8, 7.6.5 and 10.3 of Stearns County Land Use and Zoning Ordinance #439, to create a conventional subdivision (standard plat) in the Conservation Design Overlay District. The proposed project is located in part of the SW1/4 of the NW1/4 of Section 5 of Collegeville Township (124/30). Property address is 31556 181st Ave, Avon MN.

3. To consider a conditional use permit application submitted by Mitchell Wicker and John and Mary Kay Wicker, Kimball MN according to Sections 6.9.3 D and 9.2 of Stearns County Land Use and Zoning Ordinance #439, to expand and construct on a feedlot above 700 animal units. The expansion will consist of a 64'x144' steer barn, 32'x48' permanent manure stockpile and an increase to 999.1 AUs consisting of beef animals, swine, and chickens. The proposed project is located in the SW 1/4 of the NE 1/4 of Section 16 of Maine Prairie Township (122/29). Property address is 17690 County Rd 48, Kimball MN.

4. To consider a rezoning request submitted by Brian Friedrichs, Sauk Centre MN on behalf of Mark P Fiedler Rev Trust, Sauk Centre MN according to Section 4.10 of Stearns County Land Use and Zoning Ordinance #439 to rezone approximately 23 acres from the Residential 1 (R-1) zoning district to the Residential 5 (R-5) zoning district. The property is part of the E1/2 NE1/4 and part of the NE1/4 SE1/4 lying east of State Hwy 71 and north of State Hwy 28

in Section 3 of Sauk Centre Township (126/34).

When and where is the meeting?

Date and Time: June 27, 2024 at 6:00 p.m.

Location: Stearns County Service Center 3301 County Road 138, Waite Park, MN 56387

How do I participate?

Public Testimony: If you would like to provide public testimony, you may do so by appearing at the above hearing, by telephone or other electronic means, please contact Jennifer Buckentine at Jennifer.Buckentine@stearnscountymn.gov or Alicia Gohmann at Alicia.Gohmann@stearnscountymn.gov by calling (320) 656-3613.

Written Testimony: You may submit written testimony by emailing Jennifer.Buckentine@stearnscountymn.gov or Alicia.Gohmann@stearnscountymn.gov by 3 p.m. on June 26, 2024. Written testimony may also be mailed to the Stearns County Environmental Services Department, Service Center, 3301 County Road 138, Waite Park, MN 56387.

Comments on this public hearing are not limited to those persons receiving copies of this notice. If you know of any interested person who for any reason has not received a copy of this notice, it would be appreciated if you would inform them of this public hearing.

Where can I view the application?

A copy of the application can be viewed approximately one week prior to the meeting at https://stearnscounty.civicweb.net/portal/. Action taken on this request will be available shortly after the meeting at the same website location.

What if the meeting changes?

This meeting is subject to change. Please sign up for automatic updates for this meeting at https://stearnscounty.civicweb.net/portal/. Call the Department for assistance.

What is the next step?

The Stearns County Board of Commissioners will consider this request on July 9, 2024. The agenda can be found at: https://stearnscounty.civicweb.net/portal/. Interim Use and Conditional Use Permits will be placed on the consent agenda which is heard at the beginning of the agenda. To inquire how to request an item be placed under the regular agenda for discussion, please contact the Department. If the Board of Commissioners do not concur with the Planning Commission, they will hold another public hearing and new notice will be sent.

Stearns County Planning Commission

Barrier Free Status: This meeting will be accessible to the handicapped. Attempts will be made to accommodate any other individual need for special services. Please call (320) 656-3613 early so arrangements can be made.

(Publish June 11, 2024)

STATE OF MINNESOTA STEARNS COUNTY

DISTRICT COURT 7TH JUDICIAL DISTRICT Court File Number: 73-JV-24-3946 Case Type: Juvenile

Summons and Notice Child in Need of Protection or Services Matter

In the Matter of the Welfare of the Child(ren) of:

Jessica Lynn Yellow (Mother)

and

Troy Allen Faughn (Father)

NOTICE TO: Jessica Lynn Yellow, above-named parent(s) or legal custodian(s).

1. A Child In Need of Protection or Services Petition has been filed in the Office of the Clerk of Juvenile Court located at 725 Courthouse Square, St. Cloud, Minnesota, alleging that the child(ren) of the above-named parent(s) or legal custodian(s) is/are in need of protection or services.

2. Notice is hereby given that the matter of said Child In Need of Protection or Services Petition will be called for hearing before the Juvenile Court located at 725 Courthouse Square, St. Cloud, Minnesota, on July 29, 2024 at 2:45 PM or as soon after as the Matter can be heard.

3. YOU ARE ORDERED to appear before the Juvenile Court at the scheduled time and date.

4. You have a right to be represented by counsel.

5. If you fail to appear at the hearing, the Court may still conduct the hearing and grant appropriate relief, including taking permanent custody of the child/ren named in the Petition.

Dated June 5, 2024

WITNESS, the Honorable Laura Moehrle

Judge of District Court

BY: Shannon Walz Court Administrator

(Publish June 11, 2024)

STATE OF MINNESOTA STEARNS COUNTY

DISTRICT COURT 7TH JUDICIAL DISTRICT Court File Number: 73-JV-24-3946 Case Type: Juvenile

Summons and Notice Child in Need of Protection or Services Matter

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Jessica Lynn Yellow (Mother)

and

Troy Allen Faughn (Father)

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Dated June 5, 2024

WITNESS, the Honorable Laura Moehrle

Judge of District Court

BY: Shannon Walz Court Administrator

(Publish June 11, 2024)

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DISTRICT COURT 7TH JUDICIAL DISTRICT Court File Number: 73-JV-24-3946 Case Type: Juvenile

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and

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WITNESS, the Honorable Laura Moehrle

Judge of District Court

BY: Shannon Walz Court Administrator

(Publish June 11, 2024)

STATE OF MINNESOTA STEARNS COUNTY

DISTRICT COURT 7TH JUDICIAL DISTRICT Court File Number: 73-JV-24-3946 Case Type: Juvenile

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Judge of District Court

BY: Shannon Walz Court Administrator

(Publish June 11, 2024)

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(Publish June 11, 2024)

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Dated June 5, 2024

WITNESS, the Honorable Laura Moehrle





## For Sale

**FOR SALE**  
• 14 ft. Extension Ladder  
• Shallow Well Pump  
If interested please call 320-685-3051.

june11pd

**FOR SALE**  
• Pontoon Lift - \$1600  
• 1993 Pontoon with 70 HP motor - \$2500  
If interested please call 651-442-5585.

june11pd

## FOR SALE

**B's Liquor & Quick Mart** in Rockville. Family owned since 2006. Inquire within, call or text 320-492-0839 or email rockvillebeer@gmail.com.

## Miscellaneous

**We pay top dollar for junk cars, trucks and late model repairables!**  
**Call 320-236-7477**

**A+ PAINTING, INC.**  
Apluspaintingmn.com  
Log • Cedar • Stucco  
• Steel Buildings  
• Faded Siding • Farm Buildings  
**A+ Roof Coatings**  
Aplusroofcoatings.com  
Commercial & Industrial roofs  
• Flat Roofs • Steel Roofs  
• Elastomeric Roof Coatings  
• Energy Saving Roof Coatings  
**60' Boom Lift Available!**  
Call Danny 320-492-8264

## Garage Sales

**GARAGE SALE**  
17553 Fisher Rd., Cold Spring Friday, June 14th • 6AM-6PM  
Multi-family clothing, furniture, vintage items and something for everyone.

june11pd

## Help Wanted

**HELP WANTED**  
Service Tech/Driller Assistant Full-Time/Benefits - Electrical/Plumbing experience requested. Wages \$21-\$28/hour. If interested, please call Jennings Well Drilling at 320-597-2482.

tfc-ch

**PLACE YOUR AD HERE!**

## For Rent

**APARTMENT FOR RENT**  
**ALBANY**  
• 2 Bedroom \$750/month  
• \$100 Deposit  
• Cat ok (\$20/month Pet Rent)  
• NO DOGS!  
Call for Availability  
Loreen 763-238-0616

**Join our team!**  
We are hiring reliable year-round housekeepers as well as seasonal/summertime help. We offer top starting pay, more with experience and a *summer bonus!* If you're a team player and want to work in a busy and beautiful resort environment, please call (320) 243-4448, stop by or go online for an application.  
**Bug-Bee Hive**  
Resort • Lodge • Retreat Center  
29659 Queen Bee Lane, Paynesville, MN 56362 • www.bugbeehiveresort.com

## Public Notices

continued from page 14

THE STATE OF MINNESOTA TO THE ABOVE-NAMED RESPONDENT:

**WARNING: Your spouse has filed a lawsuit against you for dissolution of your marriage. A copy of the paperwork regarding the lawsuit is served on you with this summons. This summons is an official document from the court that affects your rights. Read this summons carefully. If you do not understand it, contact an attorney for legal advice.**

1. The Petitioner (your spouse) has filed a lawsuit against you asking for a dissolution of your marriage (divorce). A copy of the *Petition for Dissolution of Marriage* is attached to this *Summons*.

2. You must serve upon Petitioner and file with the Court a written *Answer to the Petition for Dissolution of Marriage* and you must pay the required filing fee. You must serve your *Answer* upon Petitioner **within thirty (30) days** of the date you were served with this *Summons*, not counting the day of service. If you do not serve and file your *Answer*, the Court may give your spouse everything he or she is asking for in the *Petition for Dissolution of Marriage*.

3. This proceeding does not involve real property.

### NOTICE OF TEMPORARY RESTRAINING PROVISIONS

Under Minnesota law, service of this summons makes the following requirements apply to both parties to the action, unless they are modified by the court or the proceeding is dismissed:

(1) Neither party may dispose of any assets except (a) for the necessities of life or for the necessary generation of income or preservation of assets, (b) by an agreement of the parties in writing, or (c) for retaining counsel to carry on or to contest this proceeding.

(2) Neither party may harass the other party.

(3) All currently available insurance coverage must be maintained and continued without change in coverage or beneficiary designation.

(4) Parties to a marriage dissolution proceeding are encouraged to attempt alternative dispute resolution pursuant to Minnesota law. Alternative dispute resolution includes mediation, arbitration and other processes as set forth in the district court rules. You may contact the court administrator about resources in your area. If you cannot pay for mediation or alternative dispute resolution, in some counties, assistance may be available to you through a nonprofit provider or a court program. If you are a victim of domestic abuse or threats as defined in Minnesota Statutes, Chapter 518B, you are not required to try mediation and you will not

be penalized by the court in later proceedings.

**IF YOU VIOLATE ANY OF THESE PROVISIONS, YOU WILL BE SUBJECT TO SANCTIONS BY THE COURT**

Dated: May 30, 2024  
Name:  
Fadumo Daud Ahmed  
Address:  
401 Lakeland Dr. SE Apt. #6  
City/State/Zip:  
Willmar, MN 56201

(Publish June 11 - 25, 2024)

**Office of the Minnesota Secretary of State Certificate of Assumed Name Minnesota Statutes, Chapter 333**

The filing of an assumed name does not provide a user with exclusive rights to that name. The filing is required for consumer protection in order to enable customers to be able to identify the true owner of a business.

ASSUMED NAME:  
Gearbox Creative

PRINCIPAL PLACE OF BUSINESS:  
412 37th Ave N  
St. Cloud MN 56303  
USA

APPLICANT(S):  
Name:  
Gearbox Functional Creative, Inc.

Address:  
412 37th Ave N  
St. Cloud MN 56303  
USA

If you submit an attachment, it will be incorporated into this document. If the attachment conflicts with the information specifically set forth in this document, this document supersedes the data referenced in the attachment.

**By typing my name, I, the undersigned, certify that I am signing this document as the person whose signature is required, or as agent of the person(s) whose signature would be required who has authorized me to sign this document on his/her behalf, or in both capacities. I further certify that I have completed all required fields, and that the information in this document is true and correct and in compliance with the applicable chapter of Minnesota Statutes. I understand that by signing this document I am subject to the penalties of perjury as set forth in Section 609.48 as if I have signed this document under oath.**

SIGNED BY:  
Daniel T. Zimmermann

MAILING ADDRESS:  
None Provided

EMAIL FOR OFFICIAL NOTICES:  
bklein@willenbring.com

(Publish June 11 & 18, 2024)

## A Rundown on Golf Clubs

Some golfers would say you're only as good as your gear. Perhaps no gear is as important to a golfer's performance as his or her clubs. The differences between each type of club may confuse those unfamiliar with golf, so a rundown of the various clubs in a golfer's bag may help novices improve their scores.

### Driver

Drivers are what golfers utilize on the tee, so this club marks a good place to start. Drivers are designed to give golfers distance off the tee, and these will likely be the longest club in the bag. Choosing a driver depends on a number of variables that are unique to each golfer, so it's best to speak to a pro shop professional to find the right driver before hitting the links.

### Irons

Golfballs.com notes that a standard set of irons features between five and seven clubs, typically a 3-iron to a 9-iron. However, irons range from a 1-iron to a 9-iron. Golfballs.com notes a 1-iron and a 2-iron are typ-

ically only utilized by especially skilled golfers, which is why they're not often included in standard sets. According to the sporting goods experts at Dick's, the following is the average distance golfers can expect from their irons:

- 2-iron: 105 to 210 yards
- 3-iron: 100 to 205 yards
- 4-iron: 90 to 190 yards
- 5-iron: 80 to 175 yards
- 6-iron: 70 to 165 yards
- 7-iron: 65 to 155 yards
- 8-iron: 60 to 145 yards
- 9-iron: 55 to 135 yards

### Fairway woods

Dick's notes that fairway woods are versatile clubs that can be used from the fairway or the rough. Fairway woods can even be used in the place of a driver if golfers are more comfortable doing so. Dick's notes that average distance also determines which fairway wood to utilize.

- 3-wood: 125 to 240 yards
- 4-wood: 110 to 220 yards
- 5-wood: 105 to 215 yards
- 7-wood: 90 to 170 yards

### Hybrids

Golfballs.com notes that

hybrids can be used in place of long irons (a 3-iron to a 6-iron). Novices may be most inclined to do so, as the shorter shafts on hybrids compared to long irons makes them easier for some beginners to use effectively.

### Wedges

Dick's notes that wedges are designed for low-distance shots. There are various types of wedges, and usage can be determined by how long a shot golfers are hoping to hit. A pitching wedge can be used for shots between 50 and 120 yards, while a lob wedge is a good option for a shot between 35 and 90 yards. Gap wedges are good for shots slightly shorter than a pitching wedge, while a sand wedge helps golfers escape the dreaded bunker.

### Putter

Putters are used when golfers reach the green. As is the case with drivers, putters can be chosen after consultation with a pro shop professional to ensure the club does not adversely affect your score.

## Foods That Can Affect Long-Term Health and Wellness

The phrase "you are what you eat" can serve as a warning that the foods a person consumes greatly affect his overall health. Although eating a cheese-laden burger with a side of deep-fried potatoes every so often will not turn a person's health on its head, repeatedly making poor dietary decisions may be a recipe for chronic health problems.

Health experts say foods (and beverages) can affect hearts, waistlines and brains. Foods that are grouped under the category of "junk food" tend to be the largest dietary offenders. The term "junk food" refers to foods that contain high levels of fats, sugar or salt, and lack nutrients such as fiber, vitamins and minerals. Some of the foods that fall into the junk food category include cakes; processed meats like bacon and lunch meats; chips; chocolate and candies; sugary drinks; and fast food, like burgers and pizza.

Here's a more in-depth look at certain foods or ingredients and what they can do to the body.

- Industrial and processed seed oils: According to Harvard nutritionist Dr. Uma Naidoo, highly

processed oils are usually extracted from soybeans, corn, rapeseed, cottonseed, sunflower, and safflower seeds, and contain a lot of omega-6 fatty acids. Excessive consumption of omega-6 fatty acids can trigger inflammation in the body and the brain. Inflammation is recognized as a risk factor for Alzheimer's disease. Olive, coconut or avocado oils are healthier alternatives.

- Processed foods: Foods are processed to keep them shelf stable longer. Heavily processed foods like crackers, baked goods, and jarred pasta sauces are potentially unhealthy. It is estimated that more than half the calories in the average American diet, and around 48 percent of the Canadian diet, come from ultra processed foods, advises the Laborers' Health & Safety Fund. A five-year study of more than 100,000 people found that each 10 percent increase in consumption of ultra processed food was associated with a 12 percent higher risk for cancer.

- Sugar: Foods and beverages with added sugar can be problematic. A high sugar diet can contribute to excess glucose in the brain

that can cause memory impairments, and the National Institutes of Health indicates studies have shown that individuals who consume greater amounts of added sugar tend to gain more weight and have higher risk of obesity, type 2 diabetes, hypertension, and cardiovascular disease.

- Saturated fat: Eating too much red meat can be bad for the heart and brain. WebMD says red meat is high in saturated fat and can contribute to cardiovascular disease. The same can be said for butter and full-fat cheeses. Opting for low-fat dairy and alternative protein sources can be beneficial.

- Mercury-containing fish: While eating fish is generally touted as a healthy move, swordfish and tuna lose points because they can contain high levels of mercury. WebMD says mercury is a neurotoxin, which means it is toxic to the brain and can cause memory loss.

Certain foods can compromise long-term health. Careful dietary planning that emphasizes nutritious meals over junk food and processed foods can promote both short- and long-term health.

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9	8	5	1	4	3	6	7	2
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2	4	1	5	7	8	3	6	9
7	9	6	3	1	2	5	8	4

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## Horoscopes

**ARIES - Mar 21/Apr 20**  
Aries, you may have to shuffle your schedule a bit this week to accommodate some interesting ideas that you have come up with on the fly. It's a good thing you're adaptable.

**TAURUS - Apr 21/May 21**  
Taurus, think about where you want to go in the upcoming weeks, because you have some pretty influential supporters who can help propel you in that very direction.

**GEMINI - May 22/June 21**  
Gemini, you may be involved in a few different projects right now, but often you start things and do not finish them, which can be frustrating to others. Do not take on any additional tasks.

**CANCER - June 22/July 22**  
You have some high hopes regarding something that has been taking up your time for quite a while, Cancer. Although you're getting good feedback, don't count your chickens just yet.

**LEO - July 23/Aug 23**  
Leo, if you haven't been doing so already, it is important to set aside some savings so that you'll have a safety net in the future. It's essential that you are not just living for today.

**VIRGO - Aug 24/Sept 22**  
Virgo, get together with your significant other or another partner and figure out how to divide the workload that has been bogging you down. It's alright to admit that you need help.

**LIBRA - Sept 23/Oct 23**  
Libra, if you think about it, you have been procrastinating a bit more than usual. It might be because your tasks are not interesting you much. That could mean finding new hobbies.

**SCORPIO - Oct 24/Nov 22**  
Scorpio, get essential tasks out of the way early this week, because it's likely you will not be enthusiastic about mundane jobs later on. Save plenty of time for fun and entertaining.

**SAGITTARIUS - Nov 23/Dec 21**  
Emotions are roiling right now, Sagittarius. Perhaps it is not the best time to reach out to an estranged friend or family member. Instead, wait things out a little longer.

**CAPRICORN - Dec 22/Jan 20**  
It is time to disconnect from all of the gadgets and feeds that are constantly drawing your attention, Capricorn. Enjoy a technological detox and reconnect with friends.

**AQUARIUS - Jan 21/Feb 18**  
Aquarius, you are a major force to reckon with when you pair your creative visions with solid, grounded plans. Things will start falling into place soon enough.

**PISCES - Feb 19/Mar 20**  
This week you get a free pass to put yourself first and foremost for a change, Pisces. Go to the head of the line, because it's all about you for the next few days.

**Got a Great Local News Story?**  
Tell us about it today!

